

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Coachinfo: Warming up from: 12:45 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanderrijst Ananza

Coaches: De Ridder Elke HEADCOACH

Coaches: De Letter Gerard

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:08
Heat: 2/4 Lane : 3 Athlete: VANDERSCHAE GHE ELLA					Q-time: 01:31:67
PB (25m pool): 01:31.67 Sint-Amandsberg 19/10/2025 PB (50m pool): 01:36.18 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.56		01:31.67	
		00:42.56		00:49.11	
					

Coach feedback:

Event number: 14: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:08
Heat: 2/4 Lane : 5 Athlete: THIELEMANS MAXINE					Q-time: 01:38:64
PB (25m pool): 01:38.64 Sint-Niklaas 28/12/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.19		01:38.64	
		00:43.19		00:55.45	
					

Coach feedback:

Event number: 15: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 14:17
Heat: 2/4 Lane : 1 Athlete: VANDERSCHAE GHE DAAN					Q-time: 01:40:91
PB (25m pool): 01:40.91 Liedekerke 11/11/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.09		01:40.91	
		00:46.09		00:54.82	
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 14:25
Heat: 2/13 Lane : 2 Athlete: VAN PETEGHEM LAYLA			Q-time: 00:46:64
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 14:26
Heat: 3/13 Lane : 2 Athlete: WINDHEY FIEN			Q-time: 00:40:19
PB (25m pool): 00:40.19 Lokeren 28/09/2025			PB (50m pool): 00:39.87 SB: no time
	2 5 M	5 0 M	
PB		00:40.19	
	00:40.19		
			

Coach feedback:

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 14:26
Heat: 3/13 Lane : 3 Athlete: MARTENS ESTEE			Q-time: 00:39:64
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 14:27
Heat: 4/13 Lane : 2 Athlete: DE KEIJSER FIEBE			Q-time: 00:38:30
PB (25m pool): no time			PB (50m pool): 00:36.99 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 14:30
Heat: 6/13 Lane : 3 Athlete: DE WINTER LORE			Q-time: 00:33:66
PB (25m pool): 00:34.10 Dendermonde 22/11/2025			PB (50m pool): 00:32.15 SB: no time
	2 5 M	5 0 M	
PB		00:34.10	
	00:34.10		
			

Coach feedback:

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 14:30
Heat: 6/13 Lane : 6 Athlete: DE LETTER LINDE			Q-time: 00:35:95
PB (25m pool): 00:35.95 Lokeren 28/09/2025			PB (50m pool): 00:35.80 SB: no time
	2 5 M	5 0 M	
PB		00:35.95	
	00:35.95		
			

Coach feedback:

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 14:32
Heat: 8/13 Lane : 4 Athlete: VAN GOETHEM LOTTE			Q-time: 00:32:28
PB (25m pool): 00:32.28 T ROSCO 12/10/2025			PB (50m pool): 00:34.97 SB: no time
	2 5 M	5 0 M	
PB		00:32.28	
	00:32.28		
			

Coach feedback:

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 14:32
Heat: 8/13 Lane : 6 Athlete: DE MAEIJER ELENA			Q-time: 00:32:92
PB (25m pool): 00:32.92 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:33.18 SB: no time
	2 5 M	5 0 M	
PB		00:32.92	
	00:32.92		
			

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 14:33
Heat: 9/13 Lane : 3 Athlete: Taelman Yade			Q-time: 00:30:83
PB (25m pool): 00:30.83 Lokeren 28/09/2025			PB (50m pool): 00:31.53 SB: no time
	2 5 M	5 0 M	
PB		00:30.83	
	00:30.83		
			

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+			Heat:3, starttime: 14:41
Heat: 3/11 Lane : 2 Athlete: Bockstaele Shean			Q-time: 00:35:32
PB (25m pool): 00:25.32 Lokeren 27/09/2025			PB (50m pool): 00:26.87 SB: no time
	2 5 M	5 0 M	
PB		00:25.32	
	00:25.32		
			

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+			Heat:4, starttime: 14:42
Heat: 4/11 Lane : 4 Athlete: Haeck Rune			Q-time: 00:32:20
PB (25m pool): 00:32.20 Lokeren 28/09/2025			PB (50m pool): 00:30.74 SB: no time
	2 5 M	5 0 M	
PB		00:32.20	
	00:32.20		
			

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+			Heat:7, starttime: 14:45
Heat: 7/11 Lane : 3 Athlete: Van Neer Lowiek			Q-time: 00:28:92
PB (25m pool): 00:29.79 Lokeren 29/09/2024			PB (50m pool): 00:27.98 SB: no time
	2 5 M	5 0 M	
PB		00:29.79	
	00:29.79		
			

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 20: 100M BACKSTROKE MEN 11+				Heat:4, starttime: 15:18	
Heat: 4/5 Lane : 2 Athlete: VAN RAEMDONCK SIEBE				Q-time: 01:14:62	
PB (25m pool): 01:14.62 Temse 21/12/2025				PB (50m pool): 01:16.29 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.04		01:14.62	
	00:36.04		00:38.58		
					

Coach feedback:

Event number: 21: 50M BREASTSTROKE WOMEN 11+				Heat:2, starttime: 15:23	
Heat: 2/7 Lane : 1 Athlete: DE KEIJSER FIEBE				Q-time: 00:49:46	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 21: 50M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 15:25	
Heat: 3/7 Lane : 3 Athlete: MARTENS ESTEE				Q-time: 00:47:24	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 21: 50M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 15:25	
Heat: 3/7 Lane : 4 Athlete: DE LETTER LINDE				Q-time: 00:47:49	
PB (25m pool): 00:48.49 Sint-Amandsberg 19/10/2025				PB (50m pool): 00:48.55 SB: no time	
	2 5 M	5 0 M			
PB		00:48.49			
	00:48.49				
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 21: 50M BREASTSTROKE WOMEN 11+				Heat:5, starttime: 15:27
Heat: 5/7 Lane : 4 Athlete: DE MAEIJER ELENA				Q-time: 00:43:59
PB (25m pool): 00:43.89 Lokeren 28/09/2025				PB (50m pool): 00:43.73 SB: no time
	2 5 M	5 0 M		
PB		00:43.89		
	00:43.89			
				

Coach feedback:

Event number: 21: 50M BREASTSTROKE WOMEN 11+				Heat:6, starttime: 15:29
Heat: 6/7 Lane : 4 Athlete: DE WINTER LORE				Q-time: 00:39:70
PB (25m pool): 00:39.70 Sint-Amandsberg 19/10/2025				PB (50m pool): 00:41.28 SB: no time
	2 5 M	5 0 M		
PB		00:39.70		
	00:39.70			
				

Coach feedback:

Event number: 22: 50M BREASTSTROKE MEN 11+				Heat:3, starttime: 15:35
Heat: 3/5 Lane : 4 Athlete: VANDERSCHAE GHE DAAN				Q-time: 00:48:73
PB (25m pool): 00:49.40 Sint-Amandsberg 19/10/2025				PB (50m pool): 00:48.46 SB: no time
	2 5 M	5 0 M		
PB		00:49.40		
	00:49.40			
				

Coach feedback:

Event number: 24: 100M BREASTSTROKE WOMEN 11+				Heat:2, starttime: 15:58
Heat: 2/4 Lane : 4 Athlete: WINDHEY FIEN				Q-time: 01:43:79
PB (25m pool): 01:43.79 Sint-Niklaas 28/12/2025				PB (50m pool): 01:41.55 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:48.92		01:43.79
	00:48.92		00:54.87	
				

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 24: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 16:03
Heat: 4/4 Lane : 2 Athlete: TAEELMAN YADE					Q-time: 01:27:03
PB (25m pool): 01:27.03 T ROSCO 12/10/2025					PB (50m pool): 01:28.94 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.15		01:27.03	
	00:41.15		00:45.88		
					

Coach feedback:

Event number: 26: 50M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:17
Heat: 1/5 Lane : 2 Athlete: DE KEIJSER FIEBE					Q-time: 00:46:78
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 26: 50M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:17
Heat: 1/5 Lane : 5 Athlete: VAN PETEGHEM LAYLA					Q-time: 00:49:86
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 26: 50M BACKSTROKE WOMEN 11+					Heat:3, starttime: 16:20
Heat: 3/5 Lane : 1 Athlete: VANDERSCHAEGHE ELLA					Q-time: 00:42:11
PB (25m pool): 00:42.11 Sint-Amandsberg 19/10/2025					PB (50m pool): 00:50.08 SB: no time
	2 5 M	5 0 M			
PB		00:42.11			
	00:42.11				
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 26: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 16:20
Heat: 3/5 Lane : 6 Athlete: MARTENS ESTEE			Q-time: 00:42:89
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 26: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 16:22
Heat: 4/5 Lane : 5 Athlete: DE LETTER LINDE			Q-time: 00:38:82
PB (25m pool): 00:38.82 Sint-Amandsberg 19/10/2025 PB (50m pool): 00:39.95 SB: no time			
	2 5 M	5 0 M	
PB		00:38.82	
	00:38.82		
			

Coach feedback:

Event number: 27: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 16:26
Heat: 2/5 Lane : 4 Athlete: VANDERSCHAE GHE DAAN			Q-time: 00:43:00
PB (25m pool): 00:43.00 Lokeren 28/09/2025 PB (50m pool): 00:41.85 SB: no time			
	2 5 M	5 0 M	
PB		00:43.00	
	00:43.00		
			

Coach feedback:

Event number: 27: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 16:29
Heat: 4/5 Lane : 5 Athlete: VAN RAEMDONCK SIEBE			Q-time: 00:34:67
PB (25m pool): 00:34.67 Dendermonde. 22/11/2025 PB (50m pool): 00:37.95 SB: no time			
	2 5 M	5 0 M	
PB		00:34.67	
	00:34.67		
			

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 28: 100M FREESTYLE WOMEN 11+				Heat:4, starttime: 16:39	
Heat: 4/8 Lane : 6 Athlete: THIELEMANS MAXINE				Q-time: 01:22:80	
PB (25m pool): 01:22.80 WAREGEM 21/04/2025				PB (50m pool): 01:14.03 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.72		01:22.80	
	00:39.72		00:43.08		
					

Coach feedback:

Event number: 28: 100M FREESTYLE WOMEN 11+				Heat:6, starttime: 16:42	
Heat: 6/8 Lane : 3 Athlete: VAN GOETHEM LOTTE				Q-time: 01:11:37	
PB (25m pool): 01:11.37 Sint-Amandsberg 19/10/2025				PB (50m pool): 01:07.23 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.32		01:11.37	
	00:34.32		00:37.05		
					

Coach feedback:

Event number: 28: 100M FREESTYLE WOMEN 11+				Heat:7, starttime: 16:44	
Heat: 7/8 Lane : 6 Athlete: DE WINTER LORE				Q-time: 01:10:18	
PB (25m pool): 01:10.18 Sint-Niklaas 11/01/2026				PB (50m pool): 01:11.15 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.66		01:10.18	
	00:33.66		00:36.52		
					

Coach feedback:

Event number: 29: 100M FREESTYLE MEN 11+				Heat:4, starttime: 16:54	
Heat: 4/8 Lane : 2 Athlete: HAECK RUNE				Q-time: 01:10:38	
PB (25m pool): 01:10.38 Sint-Niklaas 11/01/2026				PB (50m pool): 01:08.24 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.95		01:10.38	
	00:33.95		00:36.43		
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 29: 100M FREESTYLE MEN 11+					Heat:8, starttime: 17:00
Heat: 8/8 Lane : 4 Athlete: BOCKSTAELE SHEAN					Q-time: 00:56:04
PB (25m pool): 00:57.91 Lokeren 28/09/2024					PB (50m pool): 00:58.45 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:57.91	
	no time				
					

Coach feedback:

Event number: 30: 50M BUTTERFLY WOMEN 11+					Heat:1, starttime: 17:02
Heat: 1/5 Lane : 5 Athlete: WINDHEY FIEN					Q-time: 99:99:99
PB (25m pool): 00:57.98 Ronse 17/03/2024					PB (50m pool): 00:46.73 SB: no time
	2 5 M	5 0 M			
PB		00:57.98			
	00:57.98				
					

Coach feedback:

Event number: 30: 50M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:04
Heat: 2/5 Lane : 2 Athlete: VAN PETEGHEM LAYLA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): 00:52.80 SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 31: 50M BUTTERFLY MEN 11+					Heat:3, starttime: 17:12
Heat: 3/4 Lane : 4 Athlete: VAN RAEMDONCK SIEBE					Q-time: 00:33:45
PB (25m pool): 00:41.95 Dendermonde1 25/11/2023					PB (50m pool): 00:32.36 SB: no time
	2 5 M	5 0 M			
PB		00:41.95			
	00:41.95				
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 32: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 17:19
Heat: 3/8 Lane : 4 Athlete: VANDERSCHAEGHE ELLA					Q-time: 01:27:15
PB (25m pool): 01:27.15 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:27.15	
	no time				
					

Coach feedback:

Event number: 32: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 17:21
Heat: 4/8 Lane : 6 Athlete: DE MAEIJER ELENA					Q-time: 01:25:15
PB (25m pool): 01:25.15 Dendermonde 22/11/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.15	
	no time				
					

Coach feedback:

Event number: 33: 100M MEDLEY MEN 11+					Heat:5, starttime: 17:38
Heat: 5/6 Lane : 2 Athlete: VAN NEER LOWIEK					Q-time: 01:08:49
PB (25m pool): 01:08.49 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.49	
	no time				
					

Coach feedback:

Event number: 34: 4x50M FREESTYLE MIXED							Heat:1, starttime: 17:52	
Heat: 1/3 Lane : 5 Athlete: TEAM SWEM 2							Q-time: 02:25:03	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: SWEM

Event number: 34: 4x50M FREESTYLE MIXED							Heat:2, starttime: 17:55	
Heat: 2/3 Lane : 4 Athlete: TEAM SWEM 1							Q-time: 02:02:67	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: